

Earls

Allergy Guide

CANADA

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MENU ITEM	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
SHAREABLE	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Angry Chicken Lettuce Wraps	*MAY - chicken, rice squares	*MAY - chicken, rice squares	*MAY - chicken, rice squares			YES - chicken, angry chicken sauce *MAY - rice squares	MAY - chicken	YES - chicken, angry chicken sauce *MAY - chicken, rice squares	YES - chicken, angry chicken sauce *MAY - chicken, rice squares	YES - chicken, angry chicken sauce	YES - chicken *MAY - rice squares	
Angry Tofu Lettuce Wraps (Vegan)	*MAY - crispy tofu, rice squares	*MAY - crispy tofu, rice squares	*MAY - crispy tofu, rice squares			YES - crispy tofu, angry chicken sauce *MAY - rice squares		YES - chicken, angry chicken sauce *MAY - crispy tofu, rice squares	YES - chicken, angry chicken sauce *MAY - crispy tofu, rice squares	YES - angry chicken sauce	*MAY - crispy tofu, rice squares	
Chicken + Wontons	YES - egg wash (chicken) MAY - wonton *MAY - fryer	*MAY - fryer	MAY - chicken & wonton *MAY - fryer		YES - garnish	YES - chicken & wonton *MAY - fryer	MAY - chicken & wonton	YES - chicken & wonton *MAY - fryer	YES - chicken & wonton *MAY - fryer	MAY - sweet chili sauce	YES - chicken & wonton	
Crab Cake with Remoulade (Appetizer)	YES - remoulade, crab cake	YES - crab, prawn (crab cake)				YES - crab cake		YES - crab cake	YES - crab cake	YES - remoulade MAY - crab cake	YES - remoulade, crab cake	
Crispy Chicken Tenders, Fries + Plum Sauce	YES - chicken *MAY - fries	*MAY - chicken, fries	*MAY - chicken, fries			YES - chicken		YES - chicken *MAY - fries	YES - chicken *MAY - fries	YES - plum sauce	*MAY - chicken, fries	caramel colour (plum sauce)
Leroy's Crispy Ribs	*MAY - fryer	*MAY - fryer	*MAY - fryer			*MAY - fryer		*MAY - fryer	*MAY - fryer		*MAY - fryer	
Nashville Chicken Sliders	YES - bun, honey mustard mayo *MAY - fried chicken	*MAY - fried chicken	YES - fried chicken, bun, Nashville hot oil		MAY - bun	YES - fried chicken, bun	MAY - bun	YES - fried chicken, bun	YES - fried chicken, bun	YES - honey mustard mayo, grainy mustard coleslaw dressing MAY - bun	YES - honey mustard mayo, bread and butter pickles, grainy mustard coleslaw dressing, Nashville hot oil *MAY - fried chicken	
Roast Beef Sliders	YES - horseradish cream, slider bun		YES - cheese, horseradish cream, slider bun, peppercorn sauce		MAY - slider bun	YES - slider bun, peppercorn sauce	MAY - slider bun	YES - slider bun, crispy onions, peppercorn sauce	YES - slider bun, crispy onions, peppercorn sauce	YES - horseradish cream, peppercorn sauce MAY - slider bun	YES - horseradish cream	artificial flavour (horseradish cream)

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Truffle Fries	YES - truffle mayo, parmesan *MAY - fries	*MAY - fries	YES - parmesan *MAY - fries			*MAY - fries		*MAY - fries	*MAY - fries		YES - truffle mayo *MAY - fries	
Warm Spinach + Three Cheese Dip w/ Chips or w/ Ciabatta	YES - parmesan (dip) *MAY - tortilla chips	YES - anchovies - worcestershire (dip) *MAY - tortilla chips	YES - feta, dip *MAY - tortilla chips		YES - dip MAY - ciabatta	YES - dip MAY - ciabatta *MAY - tortilla chips	MAY - ciabatta	YES - ciabatta, dip *MAY - tortilla chips	YES - ciabatta, dip *MAY - tortilla chips	YES - dip	*MAY - tortilla chips	
Wings - No Dip	*MAY - fryer	*MAY - fryer	*MAY - fryer			*MAY - fryer		*MAY - fryer	*MAY - fryer	YES - hot sauce	*MAY - fryer	
Wings + Dip	YES - dip *MAY - fryer	*MAY - fryer	YES - dip *MAY - fryer			*MAY - fryer		*MAY - fryer	YES - malt vinegar (dip) *MAY - fryer	YES - hot sauce	YES - dip *MAY - fryer	
Yam Fries + Garlic Aioli	YES - confit garlic mayo *MAY - yam	*MAY - yam	*MAY - yam			*MAY - yam		*MAY - yam	*MAY - yam		YES - confit garlic mayo	
Yuzu Calamari	YES - yuzu aioli *MAY - calamari	YES - tuna (yuzu aioli) *MAY - calamari	YES - yuzu aioli *MAY - calamari		YES - togarashi spice	YES - yuzu aioli *MAY - calamari		*MAY - calamari	*MAY - calamari		YES - calamari	MSG (yuzu aioli)
SUSHI + RAW	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Aburi Salmon Sushi Press	YES - dashi mayonnaise	YES - salmon, tuna (dashi mayonnaise)	YES - dashi mayonnaise			YES - dashi mayonnaise, unagi sauce		YES - unagi sauce	YES - unagi sauce	MAY - pickled ginger		MSG (dashi mayonnaise)
Ahi Tuna Tataki		YES - tuna						YES - pickled mushrooms, crispy onions MAY - yuzu broth	YES - pickled mushrooms, crispy onions MAY - yuzu broth	YES - pickled mushrooms MAY - yuzu broth		
Caviar		YES - sturgeon	YES - crème fraiche									
Crispy Prawn Sushi Tacos	YES - Japanese mayo MAY - prawns	YES - prawns *MAY - others (prawns)	YES - prawns		YES - wrapper, togarashi	YES - soy sauce, wrapper, prawns, Japanese mayo	MAY - prawns	YES - soy sauce, prawns	YES - soy sauce, prawns	YES - sriracha mayo MAY - sushi rice	MAY - sriracha mayo *MAY - prawns	

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Crispy Tofu Sushi Roll					YES - togarashi spice, wrapper	YES - tofu, wrapper, soy sauce, unagi sauce		YES - soy sauce, unagi sauce MAY - sriracha mayo	YES - soy sauce, unagi sauce MAY - sriracha mayo	YES - sriracha mayo MAY - pickled ginger, sushi rice	YES - wasabi MAY - sriracha mayo	Artificial colour, yellow #5, blue #1 (wasabi)
Crispy Tofu Sushi Tacos	*MAY - crispy tofu	*MAY - crispy tofu	*MAY - crispy tofu		YES - wrapper, citrus soy sauce	YES - tofu, soy sauce, wrapper, citrus soy sauce, unagi sauce		YES - soy sauce, citrus soy sauce, unagi sauce *MAY - crispy tofu	YES - soy sauce, citrus soy sauce, unagi sauce *MAY - crispy tofu	YES - sriracha mayo, citrus soy sauce MAY - sushi rice	YES - citrus soy sauce MAY - sriracha mayo *MAY - crispy tofu	
Dynamite Roll	MAY - prawn MAY - sesame seeds	YES - prawn *MAY - other seafood (prawns)	YES - prawn MAY - sesame seeds	MAY - sesame seeds	YES - sesame seeds	YES - unagi sauce, togarashi mayo MAY - sesame seeds *MAY - prawn	MAY - prawn, sesame seeds	YES - unagi sauce, prawn, togarashi mayo MAY - sriracha mayo, sesame seeds	YES - unagi sauce, prawn, togarashi mayo MAY - sriracha mayo, sesame seeds	YES - sriracha mayo, pickled ginger MAY - sesame seeds	YES - wasabi MAY - sesame seeds, sriracha mayo *MAY - prawn	yellow #5, blue #1 (wasabi)
Oysters on the Half Shell		YES - oysters								YES - mignonette		
Prawn Cocktail		YES - prawns								YES - cocktail sauce	YES - cocktail sauce	
Seafood Platter with Spicy California Roll	YES - spicy California roll	YES - shrimp, lobster, tuna, oysters, spicy California roll (crab, tuna), anchovy (tuna tataki)	YES - spicy California roll		YES - spicy California roll	YES - spicy California roll, soy sauce		YES - yuzu tuna tataki, soy sauce	YES - yuzu tuna tataki, soy sauce	YES - mignonette, cocktail sauce, dynamite roll, yuzu tuna tataki MAY - pickled ginger	YES - cocktail sauce	MSG (spicy California roll)
Seafood Tower with Spicy California Roll	YES - spicy California roll	YES - shrimp, lobster, tuna, oysters, spicy California roll (crab, tuna), anchovy (tuna tataki)	YES - spicy California roll		YES - spicy California roll	YES - spicy California roll, soy sauce		YES - yuzu tuna tataki, soy sauce	YES - yuzu tuna tataki, soy sauce	YES - mignonette, cocktail sauce, dynamite roll, yuzu tuna tataki MAY - pickled ginger	YES - cocktail sauce	MSG (spicy California roll)
Spicy California Roll	YES - spicy yuzu mayonnaise, spicy crab mix	YES - crab and tuna (spicy crab mix), tuna (spicy yuzu mayonnaise)	YES - spicy yuzu mayonnaise, spicy crab mix		YES - wrapper, togarashi	YES - spicy yuzu mayonnaise, spicy crab mix, wrapper, soy sauce		YES - soy sauce	YES - soy sauce	YES - spicy yuzu mayonnaise, spicy crab mix MAY - pickled ginger		MSG (spicy yuzu mayonnaise, spicy crab mix)
Spicy Tuna Roll	*MAY - crispy potato garnish	YES - tuna, poke dressing *MAY - crispy potato garnish	YES - poke dressing *MAY - crispy potato garnish	MAY - poke dressing	YES - sesame soy wrapper, togarashi, poke dressing	YES - sesame soy wrapper, soy sauce, poke dressing *MAY - crispy potato garnish	MAY - poke dressing	YES - soy sauce, poke dressing MAY - sriracha mayo *MAY - crispy potato garnish	YES - soy sauce, poke dressing MAY - sriracha mayo *MAY - crispy potato garnish	YES - sriracha mayo, poke dressing MAY - pickled ginger, sushi rice	MAY - sriracha mayo, poke dressing	MSG (poke dressing)

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Spicy Tuna Sushi Tacos	YES - Japanese mayo	YES - tuna, poke dressing	YES - poke dressing	MAY - poke dressing, sesame seeds	YES - wrapper, poke dressing, sesame seeds	YES - soy sauce, wrapper, Japanese mayo, poke dressing	MAY - poke dressing, sesame seeds	YES - soy sauce, poke dressing	YES - soy sauce, poke dressing	YES - sriracha mayo, poke dressing MAY - sushi rice	MAY - sriracha mayo , poke dressing	MSG (poke dressing)
Wagyu Beef Oshi Press	YES - dashi mayonnaise	YES - tuna (dashi mayonnaise), anchovies (sweet soy glaze)	YES - dashi mayonnaise, sweet soy glaze		YES - sweet soy glaze	YES - dashi mayonnaise, sweet soy glaze, pickled shimeji mushrooms		YES - sweet soy glaze, pickled shimeji mushrooms	YES - sweet soy glaze, pickled shimeji mushrooms	YES - pickled shimeji mushrooms, sweet soy glaze		MSG (dashi mayonnaise, sweet soy glaze), colour (sweet soy glaze), artificial flavour (sweet soy glaze)
SALADS + SOUPS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Caesar Salad	YES - dressing, parmesan, croutons	YES - anchovy (dressing)	YES - parmesan, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons, pan bread	YES - croutons, pan bread, dressing	YES - dressing MAY - croutons	YES - dressing MAY - croutons (Alberta, Manitoba, Ontario)	
Grilled Cajun Chicken Caesar Salad	YES - dressing, parmesan, croutons	YES - anchovy (dressing)	YES - parmesan, cajun chicken, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons, pan bread	YES - croutons, pan bread, worcestershire (dressing)	YES - cajun chicken, dressing MAY - croutons	YES - dressing, cajun chicken MAY - croutons (Alberta, Manitoba, Ontario)	
Grilled Garlic Chicken Caesar Salad	YES - dressing, parmesan, croutons	YES - anchovy (dressing)	YES - parmesan, garlic chicken, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons, pan bread	YES - croutons, pan bread, worcestershire (dressing)	YES - dressing, garlic chicken MAY - croutons	YES - dressing, garlic chicken MAY - croutons (Alberta, Manitoba, Ontario)	
Cobb Salad	YES - egg, parmesan vinaigrette, croutons		YES - parmesan vinaigrette, blue cheese, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons	YES - croutons	YES - parmesan vinaigrette MAY - croutons	YES - parmesan vinaigrette MAY - croutons (Alberta, Manitoba, Ontario)	
Garden Greens	YES - parmesan vinaigrette, croutons		YES - parmesan vinaigrette, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons	YES - croutons	YES - parmesan vinaigrette MAY - croutons	YES - parmesan vinaigrette MAY - croutons (Alberta, Manitoba, Ontario)	

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Santa Fe Chicken Salad	*MAY - fried tortilla	*MAY - fried tortilla	YES - cajun chicken, feta	YES - peanut lime vinaigrette MAY - dates		MAY - peanut lime vinaigrette *MAY - fried tortilla	MAY - peanut lime vinaigrette, dates	*MAY - fried tortilla	*MAY - fried tortilla	YES - peanut lime vinaigrette, cajun chicken	YES - cajun chicken *MAY - fried tortilla	
Clam Chowder		YES - clam	YES			YES		YES	YES	YES		
ADD SALAD PROTEINS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Add 1/2 Chicken Breast												
Add 1/2 Cajun Chicken Breast			YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, confit garlic butter	
Add 1/2 Garlic Chicken Breast			YES - confit garlic butter							YES - confit garlic butter	YES - confit garlic butter	
Add 3 oz Sirloin												
Add Cajun Salmon			YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, confit	
Add Crispy Tofu	*MAY - fryer	*MAY - fryer	*MAY - fryer		YES - citrus soy sauce	YES - tofu, citrus soy sauce		YES - citrus soy sauce *MAY - fryer	YES - citrus soy sauce *MAY - fryer	YES - citrus soy sauce	YES - citrus soy sauce *MAY - fryer	
Add Salmon		YES - salmon	YES - butter									
Add Sautéed Cajun Prawns		YES - Prawn	YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, confit garlic butter	
Add Sautéed Prawns		YES - Prawn	YES - butter							YES - wine		
Artisan Garlic Bread	MAY - bread		YES - confit garlic butter MAY - bread		MAY - bread	YES - bread	MAY - bread	YES - bread	YES - bread	YES - confit garlic butter	YES - confit garlic butter MAY - bread	
Pan Bread								YES	YES			
Oil and Vinegar										YES - balsamic		
PIZZAS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Gluten Free Pizza Crust									*MAY - oven		MAY - crust	
Daiya Vegan Cheese												
California Pizza	MAY - crust	YES - prawns	YES - cheeses, parmesan MAY - crust		MAY - crust	MAY - crust	MAY - crust	YES - crust	YES - crust	YES - glaze MAY - crust	YES - glaze	

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Kale + Mushroom Pizza	MAY - crust		YES - cheese MAY - crust		MAY - crust	YES - soy ginger mushroom mix MAY - crust	MAY - crust	YES - crust, soy ginger mushroom mix	YES - crust, soy ginger mushroom mix	MAY - crust	MAY - vegan mayo	
Margherita Pizza	YES - parmesan MAY - crust		YES - cheese, parmesan MAY - crust		MAY - crust	MAY - crust	MAY - crust	YES - crust	YES - crust	MAY - crust		
Prosciutto + Arugula Pizza	YES - parmesan MAY - crust		YES - cheese, parmesan MAY - crust		MAY - crust	MAY - crust	MAY - crust	YES - crust	YES - crust	MAY - crust		
Queen Bee Pizza	YES - parmesan MAY - crust		YES - cheese, parmesan MAY - crust		MAY - crust	MAY - crust	MAY - crust	YES - crust, capocollo	YES - crust, capocollo	YES - hot honey MAY - crust	YES - chorizo	
BURGERS <i>(See below for sides / add-ons)</i>	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Gluten Aware Burger Bun - Vegan												
Burger Bun	YES		YES	MAY - Alberta, Manitoba, Ontario	MAY - bun	MAY - Alberta, Manitoba, Ontario	MAY - bun	YES	YES		MAY - Alberta, Manitoba, Ontario	
Bigger Better Burger	YES - mayo, bun		YES - bun		MAY - bun	MAY - bun (Alberta, Manitoba, Ontario)	MAY - bun	YES - bun	YES - bun	YES - mustard MAY - pickle	YES - mayo, mustard MAY - bun (Ontario, Alberta, Manitoba)	
Bacon + Cheddar Burger	YES - mayo, bun		YES - cheese, bun		MAY - bun	MAY - bun (Alberta, Manitoba, Ontario)	MAY - bun	YES - bun	YES - bun	YES - mustard MAY - pickle	YES - mayo, mustard MAY - bun (Ontario, Alberta, Manitoba)	artificial colour (cheese)
Garden Burger	YES - mayo, bun		YES - bun		MAY - bun	YES - burger MAY - bun (Alberta, Manitoba, Ontario)	MAY - bun	YES - bun, burger	YES - bun, burger	YES - mustard MAY - pickle	YES - mayo, mustard MAY - bun (Ontario, Alberta, Manitoba)	
Garden Burger - Vegan						YES - burger		YES - burger	YES - burger	MAY - pickle, vegan mayo	YES - mayo, mustard	
California Beef Burger	YES - sriracha mayo, bun		YES - cheese, butter (sauteéd onion), bun		MAY - bun	MAY - bun (Alberta, Manitoba, Ontario)	MAY - bun	YES - bun MAY - sriracha mayo	YES - bun MAY - sriracha mayo	YES - banana peppers, sriracha mayo	YES - mayo, sriracha mayo MAY - bun (Ontario, Alberta, Manitoba)	FD&C Yellow #5 (banana peppers), artificial colour (cheese)

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California Chicken Burger	YES - sriracha mayo, bun		YES - cheese, bun		MAY - bun	MAY - bun (Alberta, Manitoba, Ontario)	MAY - bun	YES - bun MAY - sriracha mayo	YES - bun MAY - sriracha mayo	YES - banana peppers, sriracha mayo	YES - mayo, sriracha mayo MAY - bun (Ontario, Alberta, Manitoba)	FD&C Yellow #5 (banana peppers), artificial colour (cheese)
Cajun Chicken Cheddar	YES - bun, mayo		YES - bun, cajun chicken		MAY - bun		MAY - bun	YES - bun	YES - bun	YES - cajun chicken	YES - cajun chicken, mayo MAY - bun (Ontario, Alberta, Manitoba)	
Chicken Brie + Fig	YES - confit garlic mayo MAY - ciabatta		YES - cheese MAY - ciabatta		MAY - ciabatta	MAY - ciabatta	MAY - ciabatta	YES - ciabatta	YES - ciabatta	MAY - ciabatta	YES - confit garlic mayo	
Nashville Chicken Sandwich	YES -bun, honey mustard mayo *MAY - fried chicken	*MAY - fried chicken	YES - cheese, bun (BC) MAY - bun		MAY - bun (not BC)	YES - fried chicken MAY - bun (not BC)	MAY - bun	YES -fried chicken, bun	YES -fried chicken, bun	YES - honey mustard mayo, grainy mustard coleslaw dressing	YES - honey mustard mayo, bread and butter pickles, grainy mustard coleslaw dressing,	
Pulled Chicken Clubhouse	YES - confit garlic mayo MAY - sourdough		YES - cheese, butter, pulled garlic chicken MAY - sourdough		MAY - sourdough	YES - sourdough	MAY - sourdough	YES - sourdough	YES - sourdough	YES - pulled garlic chicken MAY - sourdough	YES - confit garlic mayo, pulled garlic chicken	
Roast Beef Sandwich	YES - horseradish cream MAY - sourdough		YES - horseradish cream, peppercorn sauce MAY - sourdough		MAY - sourdough	YES - sourdough, peppercorn sauce	MAY - sourdough	YES - sourdough bread, peppercorn sauce	YES - sourdough bread, peppercorn sauce	YES - horseradish cream, peppercorn sauce MAY - sourdough	YES - horseradish cream	artificial flavour (horseradish cream)
Yucatan Chicken Tacos	YES - jalapeno crema		YES - cheese, jalapeno crema								YES - jalapeno crema	
SIDES AND ADD-ONS FOR BURGERS + MORE	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Side Caesar Salad	YES - dressing, parmesan, croutons	YES - anchovy (dressing)	YES - parmesan, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons, pan bread	YES - croutons, pan bread, dressing	YES - dressing MAY - croutons	YES - dressing MAY - croutons (Alberta, Manitoba, Ontario)	
Side Garden Greens	YES - parmesan vinaigrette, croutons		YES - parmesan vinaigrette, croutons	MAY - croutons (Alberta, Manitoba, Ontario)	MAY - croutons	YES - croutons	MAY - croutons	YES - croutons	YES - croutons	YES - parmesan vinaigrette MAY - croutons	YES - parmesan vinaigrette MAY - croutons (Alberta, Manitoba, Ontario)	

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Fries	*MAY - fryer	*MAY - fryer	*MAY - fryer			*MAY - fryer		*MAY - fryer	*MAY - fryer		*MAY - fryer	
Yam Fries	YES - confit garlic mayo *MAY - yam	*MAY - yam	*MAY - yam			*MAY - yam		*MAY - yam	*MAY - yam		YES - confit garlic mayo	
Add Cheddar Cheese			YES									colour
Add Jalapeno Jack Cheese			YES									
Add Sauteed Mushrooms			YES - butter									
Add Smoked Bacon												
NOODLES + WOKS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Ahi Tuna Poke Bowl	YES - dashi mayonnaise	YES - tuna, tuna (dashi mayonnaise)	YES - dashi mayonnaise, poke dressing	MAY - macadamia nuts, poke dressing	YES - poke dressing, togarashi spice, seaweed salad	YES - dashi mayonnaise, poke dressing	YES - macadamia MAY - others, poke dressing	YES - poke dressing, crispy onions	YES - poke dressing, crispy onions	YES - poke dressing	MAY - poke dressing	MSG (dashi mayonnaise), Tartrazine & Brilliant Blue food colour (seaweed salad)
Ahi Tuna Poke Bowl with Greens	YES - dashi mayonnaise	YES - tuna, tuna (dashi mayonnaise)	YES - dashi mayonnaise, poke dressing	MAY - macadamia nuts, poke dressing	YES - poke dressing, togarashi spice, seaweed salad	YES - dashi mayonnaise, poke dressing	YES - macadamia MAY - others, poke dressing	YES - poke dressing, crispy onions	YES - poke dressing, crispy onions	YES - poke dressing	MAY - poke dressing	MSG (dashi mayonnaise), Tartrazine & Brilliant Blue food colour (seaweed salad)
Fettuccini Alfredo	YES - parmesan, alfredo sauce		YES - parmesan, alfredo sauce					YES - pasta	YES - pasta			
Hunan Kung Pao	YES - noodles *MAY - peanuts	*MAY - peanuts	*MAY - peanuts	YES - peanuts	YES - hunan sauce, sesame seeds	YES - hunan sauce *MAY - peanuts	MAY - peanuts, sesame seeds	YES - hunan sauce *MAY - peanuts	YES - hunan sauce *MAY - peanuts	YES - pickled chilies, hunan sauce	*MAY - peanuts	
Hunan Kung Pao with Chicken	YES - noodles *MAY - peanuts	*MAY - peanuts	*MAY - peanuts	YES - peanuts	YES - hunan sauce, sesame seeds	YES - hunan sauce *MAY - peanuts	MAY - peanuts, sesame seeds	YES - hunan sauce, noodles *MAY - peanuts	YES - hunan sauce, noodles *MAY - peanuts	YES - pickled chilies, hunan sauce	*MAY - peanuts	
Hunan Kung Pao with Prawns	YES - noodles *MAY - peanuts	YES - prawns *MAY - peanuts, other seafood (prawns)	*MAY - peanuts	YES - peanuts	YES - hunan sauce, sesame seeds	YES - hunan sauce *MAY - peanuts	MAY - peanuts, sesame seeds	YES - hunan sauce, noodles *MAY - peanuts	YES - hunan sauce, noodles *MAY - peanuts	YES - pickled chilies, hunan sauce	*MAY - peanuts	

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MENU ITEM	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Hunan Kung Pao with Tofu	YES - noodles *MAY - peanuts	*MAY - peanuts	*MAY - peanuts	YES - peanuts	YES - hunan sauce, sesame seeds, citrus soy sauce	YES - hunan sauce, tofu, citrus soy sauce *MAY - peanuts	MAY - peanuts, sesame seeds	YES - hunan sauce, noodles, citrus soy sauce *MAY - peanuts	YES - hunan sauce, noodles, citrus soy sauce *MAY - peanuts	YES - pickled chilies, hunan sauce, citrus soy sauce	YES - citrus soy sauce *MAY - peanuts	
Hunan Kung Pao - Vegan	*MAY - peanuts	*MAY - peanuts	*MAY - peanuts	YES - peanuts	YES - hunan sauce, sesame seeds	YES - hunan sauce *MAY - peanuts	MAY - peanuts, sesame seeds	YES - hunan sauce *MAY - peanuts	YES - hunan sauce *MAY - peanuts	YES - pickled chilies, hunan sauce	*MAY - peanuts	
Mediterranean Linguini	YES - parmesan		YES - sauce, confit garlic butter, parmesan					YES - linguini	YES - linguini	YES - roasted pepper, Mediterranean sauce MAY - olives		
Mediterranean Linguini with Chicken	YES - parmesan		YES - parmesan, feta					YES - linguini	YES - linguini	YES - roasted pepper, Mediterranean sauce MAY - olives		
Sesame Citrus Noodle Bowl				YES - peanuts MAY - sesame seeds	YES - citrus chili dressing, ube noodles, sesame seeds	YES - citrus chili dressing, ube noodles MAY - peanuts	MAY - peanuts, sesame seeds	YES - crispy onions, citrus chili dressing, ube noodles	YES - crispy onions, citrus chili dressing, ube noodles		MAY - Asian pear puree	
Sesame Citrus Noodle Bowl with Soy Chicken			YES - poke dressing	YES - peanuts MAY - poke dressing, sesame seeds	YES - citrus chili dressing, ube noodles, sesame seeds MAY - poke dressing	YES - citrus chili dressing, ube noodles, poke dressing MAY - peanuts	MAY - peanuts, poke dressing, sesame seeds	YES - crispy onions, citrus chili dressing, ube noodles, poke dressing	YES - crispy onions, citrus chili dressing, ube noodles, poke dressing	YES - poke dressing	MAY - Asian pear puree, poke dressing	MSG (poke dressing)
Sesame Citrus Noodle Bowl with Tuna		YES - tuna	YES - poke dressing	YES - peanuts MAY - poke dressing, sesame seeds	YES - citrus chili dressing, ube noodles, sesame seeds MAY - poke dressing	YES - citrus chili dressing, ube noodles, poke dressing MAY - peanuts	MAY - peanuts, poke dressing, sesame seeds	YES - crispy onions, citrus chili dressing, ube noodles, poke dressing	YES - crispy onions, citrus chili dressing, ube noodles, poke dressing	YES - poke dressing	MAY - Asian pear puree, poke dressing	MSG (poke dressing)
Sesame Citrus Noodle Bowl with Crispy Tofu	*MAY - crispy tofu	*MAY - crispy tofu	*MAY - crispy tofu	YES - peanuts MAY - sesame seeds	YES - citrus chili dressing, ube noodles, sesame seeds, citrus soy sauce	YES - citrus chili dressing, ube noodles, crispy tofu, citrus soy sauce MAY - peanuts	MAY - peanuts, sesame seeds	YES - crispy onions, citrus chili dressing, ube noodles, citrus soy sauce *MAY - crispy tofu	YES - crispy onions, citrus chili dressing, ube noodles, citrus soy sauce *MAY - crispy tofu	YES - citrus soy sauce	YES - citrus soy sauce MAY - Asian pear puree *MAY - crispy tofu	

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Truffle Tortellini	YES - tortellini, truffle cream sauce, parmesan		YES - tortellini, truffle cream sauce, parmesan					YES - tortellini	YES - tortellini	MAY - tortellini		
STEAKS <i>(See below for sides)</i>	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Steaks + Horseradish	YES - horseradish		YES - butter							YES - horseradish		Artificial flavours (horseradish)
Steak Frites	YES - parmesan vinaigrette MAY - bread, horseradish cream *MAY - fries	*MAY - fries	YES - confit garlic butter, parmesan vinaigrette MAY - bread *MAY - fries		MAY - bread	YES - bread	MAY - bread	YES - bread *MAY - fries	YES - bread *MAY - fries	YES - confit garlic butter, horseradish cream, parmesan vinaigrette MAY - bread	YES - confit garlic butter, parmesan vinaigrette *MAY - fries	
Steak + Sushi: Spicy California Roll	YES - spicy California roll	YES - crab, tuna (spicy California roll)	YES - spicy California roll	MAY - sesame seeds	YES - sesame seeds, citrus soy sauce, spicy California roll	YES - citrus soy sauce, spicy California roll, soy sauce		YES - citrus soy sauce, soy sauce	YES - citrus soy sauce, soy sauce	YES - citrus soy sauce, spicy California roll MAY - pickled ginger	YES - citrus soy sauce	MSG (spicy California roll)
Steak with Truffle Butter + Mashed Potato	*MAY - crispy potato garnish	*MAY - crispy potato garnish	YES - truffle butter, mashed potato *MAY - crispy potato garnish			*MAY - crispy potato garnish		*MAY - crispy potato garnish	*MAY - crispy potato garnish		*MAY - crispy potato garnish	
SAUCES FOR STEAKS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Cajun Blackened (spice and butter)			YES - garlic butter							YES - garlic butter	YES - garlic butter, spice	
Gravy			YES			YES		YES	YES	YES	YES	caramel colour
Peppercorn			YES - peppercorn sauce			YES - peppercorn sauce		YES - peppercorn sauce	YES - peppercorn sauce	YES - peppercorn sauce		
Truffle Butter			YES									
MAINS <i>(See below for sides)</i>	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
BBQ Back Ribs						YES - ribs			YES - ribs	YES - ribs	YES - ribs	Caramel colour - ribs
BBQ Back Ribs + Cajun Chicken			YES - cajun chicken			YES - ribs			YES - ribs	YES - ribs YES - cajun chicken	YES - cajun chicken, ribs	Caramel colour - ribs

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Horseradish	YES									YES		Artificial flavours (horseradish)
Jumbo Lump Crab Cake (Add-On)	YES - remoulade, crab cake	YES - crab, prawn (crab cake)				YES - crab cake		YES - crab cake	YES - crab cake	YES - remoulade MAY - crab cake	YES - remoulade, crab cake	
Lobster Tail		YES - lobster	YES - confit garlic butter							YES - confit garlic butter	YES - confit garlic butter, blackening spice	
Mashed Potato with Crispy Potato Garnish	*MAY - crispy potato garnish	*MAY - crispy potato garnish	YES - mashed potato *MAY - crispy potato garnish			*MAY - crispy potato garnish		*MAY - crispy potato garnish	*MAY - crispy potato garnish		*MAY - crispy potato garnish	
Sauteed Button Mushrooms			YES - butter									
Sautéed Prawns		YES - Prawn	YES - butter							YES - wine		
Sautéed Cajun Prawns		YES - Prawn	YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, confit garlic butter	
Spring Onion Jasmine Rice for Salmon								YES - crispy onions	YES - crispy onions			
Truffle Fries	YES - truffle mayo *MAY - fries	*MAY - fries	*MAY - fries			*MAY - fries		*MAY - fries	*MAY - fries		YES - truffle mayo *MAY - fries	
Truffle Mashed Potatoes	*MAY - crispy potato garnish	*MAY - crispy potato garnish	YES - potatoes, truffle butter *MAY - crispy potato garnish			*MAY - crispy potato garnish		*MAY - crispy potato garnish	*MAY - crispy potato garnish		*MAY - crispy potato garnish	
Truffle Risotto	YES - parmesan cheese		YES - confit garlic butter, white wine veggie stock, parmesan cheese		MAY - arborio rice	YES - white wine veggie stock MAY - arborio rice		MAY - arborio rice	MAY - arborio rice	YES - confit garlic butter, white wine veggie stock	YES - confit garlic butter	
Warm Potato Salad	YES - dressing		YES - confit garlic butter, dressing							YES - confit garlic butter	YES - confit garlic butter, dressing	

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DESSERTS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Bourbon Pecan Pie	YES - pie		YES - chantilly cream, chocolate, pie	MAY - pie		YES - chocolate	YES - pecan pie MAY - others	YES - pie	YES - pie			
Caramelized Vanilla Cheese Cake	YES - cheesecake		YES - cheesecake, almond florentine, chantilly cream				YES - almond florentine MAY - others (almond florentine)	YES - cheesecake, almond florentine	YES - cheesecake, almond florentine			
Chocolate Sticky Toffee Pudding	YES -pudding, gelato/ice cream		YES - gelato/ice cream, pudding, toffee sauce, choc sauce, almond florentine	MAY - dates (pudding), almond florentine		YES -pudding, chocolate sauce	MAY - dates (pudding), others (almond florentine)	YES - pudding, almond florentine MAY - granola	YES - pudding, almond florentine MAY - granola			
Pumpkin Pie	YES - pie, pecan crumble		YES - chantilly cream, pie	MAY - pecan crumble			YES - pecan crumble MAY - others (pecan crumble)	YES - pie	YES - pie			
White Chocolate Creme Brulee	YES - crème brulee		YES - crème brulee, white chocolate, chantilly cream			YES - crème brulee, white chocolate						
BRUNCH	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Earls Breakfast (2 or 3 Eggs)	YES - eggs, parmesan vinaigrette MAY - bread *MAY - potato pave	*MAY - potato pave	YES - butter, confit garlic butter, parmesan vinaigrette MAY - bread *MAY - potato pave		MAY - bread	YES - bread *MAY - potato pave	MAY - bread	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - confit garlic butter, parmesan vinaigrette MAY - bread	YES - confit garlic butter, parmesan vinaigrette *MAY - potato pave	
Avocado Super Benedict	YES - eggs, hollandaise, parmesan vinaigrette MAY - bread *MAY - potato pave	*MAY - potato pave	YES - hollandaise, butter, parmesan vinaigrette MAY - bread *MAY - potato pave		MAY - bread	YES - bread *MAY - potato pave	MAY - bread	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - hollandaise, parmesan vinaigrette MAY - bread	YES - hollandaise, parmesan vinaigrette *MAY - potato pave	

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Breakfast Burger	YES - mayo, parmesan vinaigrette, bun *MAY - potato pave	*MAY - potato pave	YES - bun, cheese, parmesan vinaigrette *MAY - potato pave		MAY - bun	*MAY - potato pave	MAY - bun	YES - bun *MAY - potato pave	YES - bun *MAY - potato pave	YES - mustard, parmesan vinaigrette MAY - pickle	YES - mayo, mustard, parmesan vinaigrette MAY - bun (Ontario, Manitoba, Alberta) *MAY - potato pave	artificial colour (cheese)
Brunch Potato Pave	*MAY	*MAY	*MAY			*MAY		*MAY	*MAY		*MAY	
Chorizo Hash with Potato Pave	YES - eggs *MAY - potato pave	*MAY - potato pave	YES - feta, chorizo hash *MAY - potato pave			MAY - chorizo (Ontario, Prairies) *MAY - potato pave		*MAY - potato pave	*MAY - potato pave	YES - chorizo hash MAY - pickled onions	*MAY - potato pave	
Crab Cake Benedict	YES - eggs, hollandaise, crab cake, parmesan vinaigrette *MAY - potato pave	YES - crab, prawns (crab cake) *MAY - potato pave	YES - hollandaise, parmesan vinaigrette *MAY - potato pave			*MAY - potato pave		YES - crab cake *MAY - potato pave	YES - crab cake *MAY - potato pave	YES - hollandaise, parmesan vinaigrette MAY - crab cake	YES - hollandaise, crab cake, parmesan vinaigrette *MAY - potato pave	
Eggs Benedict	YES - eggs, hollandaise, parmesan vinaigrette MAY - bread *MAY - potato pave	*MAY - potato pave	YES - hollandaise, butter, parmesan vinaigrette MAY - bread *MAY - potato pave		MAY - bread	YES - bread *MAY - potato pave	MAY - bread	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - hollandaise, parmesan vinaigrette MAY - bread	YES - hollandaise, parmesan vinaigrette *MAY - potato pave	
Ham & Cheese Omelette	YES - omelette, parmesan, parmesan vinaigrette *MAY - potato pave	*MAY - potato pave	YES - butter, omelette, pizza and parmesan cheese, confit garlic butter, parmesan vinaigrette *MAY - potato pave			*MAY - potato pave		*MAY - potato pave	*MAY - potato pave	YES - confit garlic butter, parmesan vinaigrette	YES - confit garlic butter, parmesan vinaigrette MAY - omelette *MAY - potato pave	

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